

+



Catholic War Veterans of the USA  
Father Vincent Capodanno  
Memorial Post  
*To Heal, Serve, Love, Listen*

Seventy-ninth Edition

est. 11/24/2015

January 2023



Father Vincent Robert Capodanno, M.M.

---

**MEETING NOTICE**

Our next meeting is scheduled for **Wednesday, February first** at 6:30 PM at our normal meeting place, Our Lady of Mercy Country Home, Tighe Lounge.

---

**DUES**

It is that time of year to renew our membership. Dues are still only Thirty dollars. Please think about renewing as soon as possible.

Send dues to:  
CWV Post 1974  
2400 NE 59<sup>th</sup> St  
Gladstone MO 64118

God of Peace and Justice,  
we pray for those caught up  
in the current violence in Ukraine.

We implore you for peace.

Holy Spirit, Our Consolation,  
comfort all those who fear.

Grant wisdom and discernment  
to those in power.

Holy Family, who fled to Egypt,  
guard all those who have sought refuge  
away from the land they love,  
and bring them safely home again.

Mary, Mother of us all,  
cast your protecting veil

around all suffering lands and peoples.

Turn all hearts back to your Son,  
our only Savior and the Prince of Peace.

Amen.

---

**Good news**

A few months ago the post acquired fifty 2023 calendars from National. The cost for each calendar was \$25.00 with the post kept \$5.00. We sold all of them. The post also purchased one and, lo and behold, we won of the daily prizes, \$25.00, and we still have the entire year to go.

---

PRAYER FOR PEACE

---

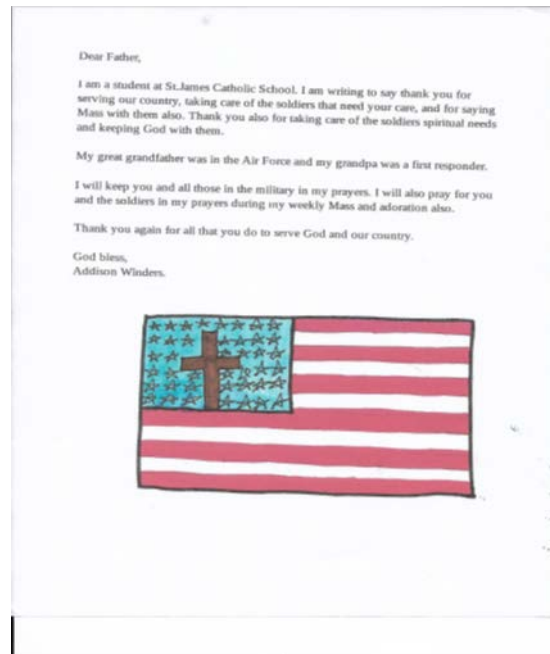
Thanks to all who purchased one or more of the calendars. The proceeds go towards helping with several of National's programs throughout the year.

### Christmas

At the conclusion of a six (6) month project which began in June 2022 between Fr. Capodanno Catholic War Veterans (CWV) Memorial Post 1974, and St. James Parish Military-Veteran & Family Outreach Ministry and others in the parish and community, eleven (11) Armed Forces personnel and Guard personnel will receive in the mail will receive a box of carefully chosen items that a military or Guard person can enjoy eating and using at their convenience. Outreach of those serving, family connections, donations of items obtained, mailing instructions and other necessary preparations occurred throughout the months between the two "outreach service ministries." Fr. Vincent Capodanno Post 1974 graciously thanked all members of the Post and St. James Parish for its corporal works of mercy and prayer for those serving out country and their families.



Another thing that was going on the past couple of months we conducted another project. We wanted to somehow thank our military chaplains. So, this time we went to the school, St. James Elementary School in Liberty, and asked the children to write thank you letters to our chaplains. Here is what one of the letters looks like:



### Fr. Vincent R. Capodanno, MM Memorial Catholic War Veterans (CWV) Post 1974; Minutes of Monthly Post Meeting-January 4, 2023, 6:30pm in accordance with the Post 1974 AGENDA sent to each member.

Meeting called to order 6:30PM with protocol of opening prayer, Preamble and introduction of any new or visiting person, which was Garry Puck-(St. James Parish Military-Veteran Outreach Ministry Liaison) , and Ann's husband who is Post 1974's Service & Welfare Officer, this evening acting Adjutant.

Next, 'Reports' of Post 1974 committee's officers:

\*Treasurer: In the absence of the Post's Treasurer, John F. Kopp, Ann Puck presented the Post's accounting statement including a copied page of checks written for National CWV and checks written, closing balance \$192.26. All members present approved of the Post accounting of its checking account and expenditures. If any member has ordered a 2023 CWV Calendar and not paid for it, please mail your check to the Post's Treasurer along with the white stub on the back page of the new 2023 CWV calendar/s. 2400 NE 95th Street, Gladstone, MO 64118 so that he can mail a Post 1974 Check to National CWV and retain the Post's \$5.00 for each calendar sold. Thank you.

\*Next, discussed were our National/Post Programs:

+Catholic Action/Americanism/ Veterans Welfare/ Youth Activities/Supporting our Troops/ Youth Activities- Post members, St. James Catholic School 6-8 graders, and elementary children wrote letters to those men and deacons who are in formation for the Priesthood and Catholic Chaplaincy wrote "Thank-You" letters to current 350 Catholic Chaplains serving all our Troops in the United States and abroad in varying countries and territories, providing postage for all letters, after receiving approval from the Archdiocese for the Military Services, USA. Another project was the Christmas Care Packages to 11 service men and women presenting serving in the Armed Forces. A heartfelt thanks to Fr. Michael C.P.P. S. for his leadership and members of St. James Parish in Liberty, MO.

Other Fr. Vincent R. Capodanno, MM Post 1974 actions shared with members present and members in other cities and states all shared in the participation, actions, prayer, in these events as well as other actions our Post performs. Additional Post 1974 activities shared and discussed for comments,

suggestions on how to make better, were the following: Fr. Vincent R. Capodanno New Patch Program sponsored by Capodannoguild.org. Additional activities completed within the past few months were parish salute and tribute musical program, veteran outreach community programs-part of KC, MO VA Medical Center veteran outreach program-Veterans Wish List and volunteerism, periodic Masses for Veterans patients in Hospitals, military personnel and families, and Masses prayed for deceased members and family members.

- Next discussed was the planning of the Fr. Vincent R. Capodanno, MM Presentation in the Diocese of Kansas City-St. Joseph. A team is being formed within the Post and diocese, along with other Priests, Deacons, and others. Discussion of date, timeline of preparation and time of program and Mass were discussed, including the location of Pope Pius X High School. As the TEAM develops and assistance occurs during the upcoming weeks and months, prayer is asked of everyone. Members present along with members of St. James Parish Military-Veterans Outreach Ministry has set a goal of September 2023 as its deadline and presentation and program of Fr. Vincent Capodanno. Prayer was asked of members, which includes praying the "Prayer for Obtaining a Favor Through the Intercession of the Servant of God, Fr. Vincent R. Capodanno, MM.

- Final discussion before closing was the upcoming Military-Veteran and parish activities for the months of February, March, April and into the summer months as both the parish military veteran ministry and Post 1974 care, support, pray for and assist all families with military and Guard personnel. Members of Post 1974 are welcome and encouraged to support and participate in ST. James parish Military-Veteran & Family Outreach Program when ever possible, as well as other parishes that members belong to. Finally, was the showing briefly of the new CWV "Welcome Book" which will be reviewed for sharing at the next Post meeting.

- Meeting closed with prayer and Post protocols. Next meeting-February 1, 2023, at 6:30 in Tigh Hall at Our Lady of Mercy Country Home, Liberty, MO.

Respectfully Submitted, Ann Marie Puck, acting Adjutant

---

# R&R.

## Rest & Recovery Group

The mission is to improve overall happiness for veterans & 1st responders with life skills education & conversation. Led by veterans, we remind each other of our own self-worth, forgotten skills & encourage sharing of valuable life experiences.

We meet every Thursday @ 3:00 in the Disabled American Veterans building (DAV) 14605 E US Hwy 40, Kansas City, MO 64136, Veterans & 1st Responders are always welcome at no charge. POC, SirWilard 816-616-9880.

## VA to pay for all emergency mental health care starting 20220117

Starting Jan. 17, veterans in acute suicidal crisis will be able to go to any VA or non-VA health care facility for emergency health care at no cost-including inpatient or crisis residential care for up to 30 days and outpatient care for up to 90 days. Veterans do not need to be enrolled in the VA system to use this benefit.

This expansion of care will help prevent veteran suicide by guaranteeing no cost, world-class care to veterans in times of crisis. It will also increase access to acute suicide care for up to 9 million veterans who are not currently enrolled in VA.

Preventing veteran suicide is VA's top clinical priority and a top priority of the Biden-Harris Administration. This effort is a key part of VA's 10-year National Strategy for Preventing Veteran Suicide and the Biden-Harris administration's plan for Reducing Military and Veteran Suicide. In September, VA released the 2022 National Veteran Suicide Prevention Annual Report, which showed that veteran suicides decreased in 2020 for the second year in a row, and that fewer veterans died by suicide in 2020 than in any year since 2006.

"Veterans in suicidal crisis can now receive the free, world-class emergency health care they deserve- no matter where they need it, when they need it, or whether they're enrolled in VA care," said VA Secretary for Veterans Affairs Denis McDonough. "This expansion of care will save veterans' lives, and there's nothing more important than that."

VA has submitted an interim final rule to the federal register to establish this authority under section 201 of the Veterans Comprehensive Prevention, Access to Care, and Treatment (COMPACT) Act of 2020. The final policy, which takes effect on Jan. 17, will allow VA to:

- Provide, pay for, or reimburse for treatment of eligible individuals' emergency suicide care, transportation costs, and follow-up care at a VA or non-VA facility for up to 30 days of inpatient care and

- 90 days of outpatient care.

- Make appropriate referrals for are following the period of emergency suicide care.
- Determine eligibility for other VA services and benefits.

- Refer eligible individuals for appropriate VA programs and benefits

following the period of emergency suicide care.

## From the Archdiocese for the Military Services

**Mobile APPS Connect Military Catholics to Their Faith and One Another**

The latest study done by the Pew Research Center indicates that 97% of adults in the United States own a cell phone.<sup>1</sup> It is reported that 31% use their phone "almost constantly," while an additional 48% describe using it "several times a day." While these numbers may seem alarming, time spent using mobile devices does not have to be time wasted. There are many useful and worthwhile apps that can connect military Catholics to their faith and to one another. Here are three that are especially good.

**Catholic Military Connect**

In a video message to those attending the International Military Pilgrimage (PVI) to Lourdes earlier this year, the Secretary of State of the Holy See, Cardinal Pietro Parolin, introduced the Catholic Military Connect app. This app offers answers to many common questions about the Catholic faith – particularly those which may arise within military life. The section called "Spiritual First Aid" aims to bring solace to those who may be struggling in their relationship with God. Users will find a catalog of military saints, prayers for the military, and inspirational quotes. Because the app is international, daily Mass readings are offered in many different languages.

<sup>1</sup> <https://www.pewresearch.org/fact-tank/2021/03/26/about-three-in-ten-u-s-adults-say-they-are-almost-constantly-online/>

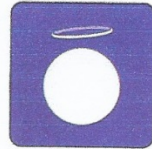
The Archdiocese for the Military Services, USA



### AMS USA

The AMS USA app is a great way for military Catholics to stay connected to the Archdiocese for the Military Services, USA. Users can find content related to the liturgical year and news about goings-on in the AMS.

Mass can be livestreamed each day, and the daily readings are available in either text or audio format. In addition to the saint of the day and access to many Catholic prayers – including the Divine Office, there is a new section of the app which highlights the National Eucharistic Revival. Here military Catholics can find resources to help them encounter and share the love of God present in Christ Jesus in the Eucharist.



### Hallow: Catholic Meditation

While not specifically created for a military userbase, the Hallow app is one that is widely downloaded and well-liked by Catholics everywhere. When users install the app, they are directed to choose areas of interest such

as the popular "Bible in a Year" reading plan or "the Rosary" and goals such as "pray more often" or "reconnect with my faith." Sessions for guided meditation, music selections, and even recorded readings for better sleep are available for listening on or off-online. Users can reflect, journal, and set prayer routines all within the app. While some content is available in a free version, a yearly subscription of \$59.99 per year (or a monthly subscription of \$3.99) gives users full access.



\*\_\*\*\*\*\*

### One last thing

Have you ever thought about volunteering? It can be anywhere doing most anything. I know as we grow older we do not have the strength to do that which we did in our younger days. But there are so many things that we can still do. I can remember back just a few years ago I could go several hours and not get tired. Now, it doesn't take nearly that long and I am pooped out, but it is well worth it.,

I, for one, volunteer at Our Lady of Mercy Country Home in Liberty, I have, years ago, volunteered at the RedCross, VA Hospital, in various parishes. There are so many places that are in dire need of help. Places that actually do good for people in need, for children, us old folks, etc. We all have talents given to us by the Almighty and Wonderful God.

I have found one thing that really works, one big smile, one kind compliment, one corny joke and people just light up brighter than a christmas tree.

Think about it, pray about it. You can work miracles.  
John