



Catholic War Veterans of the USA
Father Vincent Capodanno
Memorial Post
To Heal, Serve, Love, Listen

Ninety second Edition

est. 11/24/2015

February 2024



Father Vincent Robert Capodanno,MM

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MEETING NOTICE

Our next meeting is scheduled for **Wednesday, March 6th** at 6:30 PM at our normal meeting place, Our Lady of Mercy Country Home, Tighe Lounge.

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It is that time of year to renew our membership. I have sent a letter, plus a self-addressed envelope to all unpaid members. Dues are still only Thirty dollars. Please think about renewing as soon as possible.

Send dues to:
CWV Post 1974
2400 NE 59th St
Gladstone MO 64118
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PRAYER FOR PEACE

God of Peace and Justice,
We pray for those caught up in the current violence in Ukraine and middle East.

We implore you for peace.

Holy Spirit, Our Consolation,
comfort all those who fear.

Grant wisdom and discernment
to those in power.

Holy Family, who fled to Egypt,
guard all those who have sought refuge
away from the land they love,
and bring them safely home again.

Mary, Mother of us all,
cast your protecting veil
around all suffering lands and peoples.
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Thoughts

As we venture through this year's Lenten season, we might ponder as to what it is all about. First of all, why 40 days? Well, looking at scriptures, the number 40 is spread out all over the place.

First, we have Moses guiding the Israelites around the vast nowhere abyss, following an angel with a blazing sword and going through all hardships and learning about the wonders of their God.

Then there is Jesus fasting for 40 days and being tempted by the devil just prior to beginning His ministry. Now, we have 40 days of let to prepare for the holiest days of the year, the resurrection of Jesus.

We started off with Ash Wednesday, reminding us that our loving God created us from the dust of the earth and that is where we will return when we die. Then we are asked to do various acts, like fasting, and the such.

There is so much that we can do. Here are some ideas that cost us absolutely nothing in material things. Simple things like a warm smile to a stranger that we pass by on the street or in the store. A compliment on another person's appearance. I have a granddaughter that, from the time she could actually talk in meaningful sentences, would always compliment anyone she would meet.

Letting someone in the checkout line to go in front of us. Holding the door for someone behind us. And the list goes on. Just some ideas.

John

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WE WILL BE SOON, IN LATE MARCH AND APRIL FORMING AN AUXILIARY UNIT OF FAMILY MEMBERS OF THE MEMBERS VETERANS SPOUSES, OLDER CHILDREN, ETC.

Ann

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During March we celebrate Vietnam Veterans. - During the weekend of March 22 the parishioners of St. James will help honoring our Vietnam veterans by making Thank You notes. We can also help by calling your brother Vietnam Veteran, saying a decade of the rosary for all Vietnam veterans.

Also, remembering that Sunday, March 24 begins Holy Week.

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Looking forward, it is time to start planning for the annual Veterans' Retreat at the White House near St. Louis. This year's dates are June 27 – 30.

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Here is the ZOOM address and sign in info.

Hope to see ya all there.

<https://goosehead.zoom.us/j/92732328309?pwd=N1JtS291MWxHWlpEaVIINDhwRER2QT09>

Meeting ID: 927 3232 8309

Passcode: 775037

A little tidbit about Easter. Did you ever wonder how they go about figuring out what date is Easter going to be? Well, for those of you who do not know, Easter Sunday is always the first Sunday after the first full moon in spring. Doesn't that just make you day?

And, finally, my family and I wish all of you a very Happy and Holy Easter season. John