



Catholic War Veterans of the USA  
Father Vincent Capodanno Memorial Post  
*To Heal, Serve, Love, Listen*

Forty-Eighth Edition

est. 11/24/2015

February 2020



Father Vincent Robert Capodanno, M.M.

Bishop and Pope

**MEETING NOTICE**  
**NEXT MEETING IS WEDNESDAY**  
**March 4th AT 7:00 PM**  
**At Our Lady of Mercy Country**  
**Home**  
**2115 Maturana Dr.**  
**Liberty MO 64068**

**DUES**

For Catholic War Veterans, our membership year runs from October 1<sup>st</sup> until September 30. So for, this membership year shows that we are nine members who have not renewed. If you are one of the nine, I urge you to please renew as soon as possible. If you cannot pay, for whatever reason, let me know, and arrangements will be made. Just make your check or money order for \$30.00 out to CWV Post 1974 and sent it to CWV Post 1974 at the address above. Thank You



I'm not saying that God had any direct influence on the Chief's Super Bowl win this year, but....

While our Bishop, Bishop Johnston, was in Rome for a meeting with the Pope, he presented our Holy Father with this jersey.

What our post does

Urging Veterans to consider joining through our work through VAVS at local VA Hospital or outpatient clinic

Forming Military Outreach Ministry in parishes similar to what we formed at St. James parish in Liberty MO

Encourage participation in Veterans Annual Retreat at White House Retreat House by St. Louis MO

Working with charities such as Catholic Charities, NAMI, Patriot Outreach, Etc. through Suicide Prevention Training

Conduct an annual Blue Star Ceremony, See flyer at end of newsletter

Active prison ministry. We are partnered with Patriot Outreach is ministering to incarcerated veterans at the Moberly Correctional Center in Moberly MO

Supporting the cause for the canonization of Father Capodanno. We are very active with the Father Capodanno Guild working tirelessly for his canonization.

Sending "Thank You" letter to all Catholic Chaplains. We sent a letter to every Catholic Chaplain serving our military and veterans, active duty, reserves, hospitals, etc.

Participate in the two annual Veterans Stand Downs in Kansas City area. For the past five years, we have attended two Stand Downs, one in the spring at St. Michael's Vet Center in Kansas City, MO. and one at the Veteran's Hall in Kansas City, Ks.

Volunteer in the care of retired veterans and families at local retirement community

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**TRICARE**

**Do you have any questions concerning TRICARE? Here is a little information:**

**Ladies and Gentlemen,**

**Do you have questions about TRICARE For Life (TFL)? Not sure if you're eligible for TFL, or how TFL coverage works? Join the "What is TRICARE For Life?" webinar on Feb. 27, from 1 to 2 p.m. ET to get your TFL questions answered.**

**TFL is Medicare-wraparound coverage for TRICARE beneficiaries who have Medicare Part A and Part B. This webinar will take an in-depth look at TFL, from eligibility to how to get care.**

**Details:**

**Date: Feb. 27**

**Time: 1-2 p.m. ET**

**Registration Link:**

**<https://attendeegotowebinar.com/register/5142946252540406540>**

**Article Link:**

**[https://tricare.mil/CoveredServices/BenefitUpdates/Archives/02\\_13\\_20\\_Join\\_Feb\\_27\\_TRICARE\\_Webinar\\_on\\_TRICARE\\_For\\_Life](https://tricare.mil/CoveredServices/BenefitUpdates/Archives/02_13_20_Join_Feb_27_TRICARE_Webinar_on_TRICARE_For_Life)**

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**SICK CALL**



**Please keep these members in your prayers:  
Thomas F Maschler, Jr  
Rachel E Johnson**

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**Suicide Prevention**

As we all know, suicide is one of the major causes of death among our veterans and others. There are numerous causes of this tragedy from PTSD to medicine reaction to who knows what. It can happen in any family and, as those who have had a friend or family member commit suicide can tell you, it is devastation to all.

On February 8<sup>th</sup> our welfare officer, Ann Puck, conducted a Suicide Prevention Seminar called "QPR Gatekeeper for Suicide Prevention". Here is the report of her seminar:

The QPR Gatekeeper Training was for any person/adult interested in Suicide Prevention Training as well as and in this training session-veterans, and active duty, guard and reserve persons.

Eight persons were in attendance for the 2 hour QPR training session, which included two 'role-playing situations, and a Q & A period. Male and female Legionnaires, CWV members, DAV chapter members, middle school counselor, and a spouse of a veteran. Eight people total. The QPR (Question, Persuade, & Refer) a Gatekeeper person learns how to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life.

After the training session each person received a booklet about QPR, and a certificate of completion for 1 clock hour. QPR Institute is nationwide, interested professionals, family members, individuals, veteran-military supporters such as welfare and service officers are encouraged to take this training to—"ASK A Question, SAVE a Life.

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## Blue Star Ceremony

Every year our post holds a Blue Star Banner ceremony. Again this year we will honor those who have family members serving in our armed forces.



**A Blue Star Banner Recognition Ceremony will take place March 28, 2020 at 10:00 A.M. at Our Lady of Mercy Country Home-Tighe Hall; Located at-2115 Maturana Drive, Liberty, MO. Light refreshments follow, AND afterwards, SEE BELOW!! ☺**

What is a Blue Star Banner? What's it for? Who receives it? WHY??

**Blue Star Service Banners were widely used during both world wars, but were not embraced during the Korean or Vietnam wars with the same enthusiasm. The American Legion rekindled that spirit of pride in our military men and women following the Sept. 11, 2001, terrorist attacks by providing banners to military families across the nation. AND, The Department of Defense authorized the service flag and service lapel on Dec. 1, 1967, with DoD Directive 1348.1, which implemented an act of Congress (U.S. Code 179-182). The Blue Star Service Banner is an 8.5-by-14-inch white field with one or more blue stars sewn onto a red banner. The size varies but should be in proportion to the U.S. flag. Today, families display these banners when they have a loved one serving in the U.S. Armed Forces. The blue star represents one family member serving, and a banner can have up to five stars.**

WHY? If a family member receives the Blue Star Banner, they display this banner in their window if they so choose to do so, & other service members and their family see this banner and offer thanks with support from other service members and their families, supports of various kinds from military friendly organizations and agencies, and anyone else who are thankful for this family member service to our nation.

Thus, at the conclusion of the Blue Star Recognition Ceremony family members, and military or Guard persons would have a GREAT opportunity to obtain services of various kinds through the event through its HOST- **Fr. Vincent Capodanno, MM Catholic War Veterans, USA Post 1974, Liberty, MO, AND DAV, Chapter 10, Independence, MO.**  
Contact: [VSO-AnnPuck@816-469-0271](mailto:VSO-AnnPuck@816-469-0271);  
[annroberts977@gmail.com](mailto:annroberts977@gmail.com).

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## Veteran Retreat

Every year there is a weekend retreat specifically geared to veterans. Here is the information concerning this year's retreat:

What:

A retreat for U.S. Military Veterans featuring a series of talks focusing on issues pertaining to Veterans. Each talk will be followed by small group breakout sessions for attendees to share their own experiences related to the topics presented. We will also have worship services and quiet time for personal prayer and reflection. Attendees will each receive private accommodations at White House and all meals are provided.

Why:

The retreat will help veterans focus on their military experience and how God was with them and continues to be with them. It digs in to trauma created by PTSD and guilt and shame that can accompany military experience. It does require that participants be able to enter into quiet reflection and be able to listen to the experiences of others.

When:

July 1-3, 2020 (Wednesday- Friday). Check in is from 5:00 PM to 6:00 PM on Wednesday July 1st and the retreat will conclude on Friday July 3rd after lunch (around 1:30 PM).

(Opening night dinner will begin promptly at 6 pm)

Where:

White House Jesuit Retreat- 7400 Christopher Drive, St. Louis, MO 63129.

Who:

This retreat is open to men and women of any denomination who have served in the United States Armed Forces.

Cost:

We simply require a \$30 deposit to register. That is the only cost to attendees. We host a variety of fundraising events throughout the year to offset the cost of holding this retreat.

SPACE IS LIMITED!

**CALL 314-416-6400 TO REGISTER.**

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## Cause for the Canonization of Father Vincent Capodanno, MM

The Guild for the Canonization of Father Capodanno, is tirelessly working for the cause. We are getting close to advancing from Servant of God to venerable. One of the next steps is to have his body exhumed and sent to Rome.

I asked why, and, duh, I received this answer. The officials wish to examine to see if his body decayed, to collect relics, etc.

You can imagine that the cost of this is tremendous. So, any help would be greatly appreciated. What I am asking is that if you are active in a Knights of Columbus Council to ask if they would donate some money for this cause. If they agree, and amount, the check(s) should be sent to:

Father Capodanno Guild  
Address: 1025 Michigan Ave NE,  
Washington, DC 20017  
Phone: (202) 719-3642  
Web Site:  
<https://www.capodannoguild.org/>

